

## Alicia Hans

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Alicia Hans, MSW, LCSW, is a Licensed Clinical Social Worker specializing in pediatric mental health and is the owner of a private practice in Fond du Lac, WI. Alicia received her Master of Social Work (MSW) degree from the University of Wisconsin – Madison in 2010, and has years of experience working with children and adults treating mental health disorders in a variety of settings. Alicia worked with the State of Wisconsin Department of Health Services at the Wisconsin Resource Center and Winnebago Mental Health Institute for six years where she was a Social Worker and earned her Clinical License in 2017. In these settings, she received comprehensive professional training in Trauma Informed Care and therapeutic treatment modalities

including EMDR, CPT, and DBT.

Alicia found her true niche working with children and their families beginning in 2018 at Catalpa Health, a pediatric mental health treatment agency. There, she worked as a school-based mental health clinician with the Oshkosh Area School District and continued to provide a combination of telemental health and in-person treatment to children and their families through the COVID-19 pandemic. Alicia started her private practice in February 2022 where she specializes in pediatric mental health. She has received formal training in early childhood development, attachment, psychiatric assessment, special considerations for LGBTQ+ youth, trauma, and the treatment of common childhood disorders including Adjustment Disorders, Anxiety, ADHD, Depression, Oppositional Defiant Disorder, and PTSD.

Alicia embraces a person-centered, strengths-based approach to working with children and their families to identify treatment goals and create a safe space for learning and healing. In her practice, she uses a combination of therapeutic modalities including cognitive-behavioral therapy, dialectical behavior therapy, family systems theory, interactive play therapy, supportive counseling, parent coaching, and psychoeducation. Alicia also has a special interest in working with and supporting mothers' mental health, from perinatal through postpartum experiences and beyond.

In addition to providing services in her office setting, Alicia also provides individual therapy and consulting in schools through the Fondy Cares and ROOTS school-based mental health programs in the Fond du Lac and Oakfield School Districts, respectively. Alicia is passionate about preventative programming including suicide prevention, recovery from alcohol and drug addiction, and increasing access to community mental health services. She currently serves on the Board of Directors for NAMI Fond du Lac (Board Vice President) and Big Brothers/Big Sisters of Fond du Lac County (Board Member) and is dedicated to breaking the silence and ending the stigma surrounding mental illness.

## **Alicia's Insurances**

Anthem/Blue Cross Blue Shield commercial	Medica
Anthem Medicaid	Medicaid
Dean Health Plan/Medica Dean	MHS Medicaid
Health Partners (commonly Robin)	Quartz commercial
HPS/Auxiant	Quartz Medicaid
HPS/Prairie States	UMR
Lyra Health Plan (a newer EAP program for large employers)	United Health Care commercial plans United Health Community Care (medicaid)

These are a list of the common insurances that we are contracted with some of these policies have smaller policies within them that we are not contracted with. We will do a curiosity check on the insurance, but we always advise patients to verify insurance benefits.